



Sharing Session
by Cg Mai HM

Special Educators **COMPREHENSIVE SEXUALITY EDUCATION IN THE SOUTHEAST ASIA**

IN COLLABORATION WITH MINISTRY OF EDUCATION
CULTURE, SPORTS, SCIENCE AND TECHNOLOGY

(MEXT, JAPAN

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SEAMEO SEN, MELAKA



Overview

- Definition of Sexuality Education **01**
- Importance of Sexuality Education for Special Needs Children **02**
- Teaching Strategies **03**



Definition of Sexuality Education

01

Sexuality

02

Sexual
Health

03

Sexual
Rights

04

1. Sexuality

A central aspect of being human throughout life encompasses sex, gender identities and roles, sexual orientation, eroticism, pleasure, intimacy and reproduction

2. Sexual Health

is a state of physical, emotional, mental and social well being in relation to sexuality; it is not merely the absence of disease, dysfunction or infirmity

For sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled.

3. Sexual Rights

Sexual rights embrace human rights that are already recognized in national laws, international human rights documents and other consensus statements. They include the right of all persons, free of coercion, discrimination and violence

How about Sexual Health, Sexuality, and Sexual Right of Children with Disability?

SEXUAL RIGHTS AND DISABILITY

Convention on the Rights of Persons with Disabilities Article 25 (a)
Provide persons with disabilities with the same range, quality and standard of free or affordable health care and programs as provided to other persons, including in the area of sexual and reproductive health and population-based public health programs

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INFRINGEMENT ON SEXUAL RIGHTS OF PEOPLE WITH DISABILITY



INFRINGEMENT ON SEXUAL RIGHTS OF PEOPLE WITH DISABILITY



Eugenics: a set of beliefs and practices that aim to improve the genetic quality of a human population, typically by excluding people and groups judged to be inferior, and promoting those judged to be superior.



The background image shows a bright, modern interior space, likely a lounge or office area. It features large windows on the right side, some with signs like "752 Digital Pals" and "sade". There are several large indoor plants, including a prominent Monstera in the foreground. The ceiling has exposed pipes and hanging plants. A teal-colored rectangular overlay is positioned in the center, containing the title text in white.

Importance of Sexuality Education for Special Needs



Definition of Sexual Abuse

1

1a) the infliction of sexual contact upon a person by forcible compulsion

b) the engaging in sexual contact with a person who is below a specified age or who is incapable of giving consent because of age or mental or physical incapacity

2

2: the crime of engaging in or inflicting sexual abuse

(cited from Merriam-Webster)

Definition of Sexual Abuse 2

1

Sexual abuse is defined as inappropriate adolescent or adult sexual behavior with a child.

2

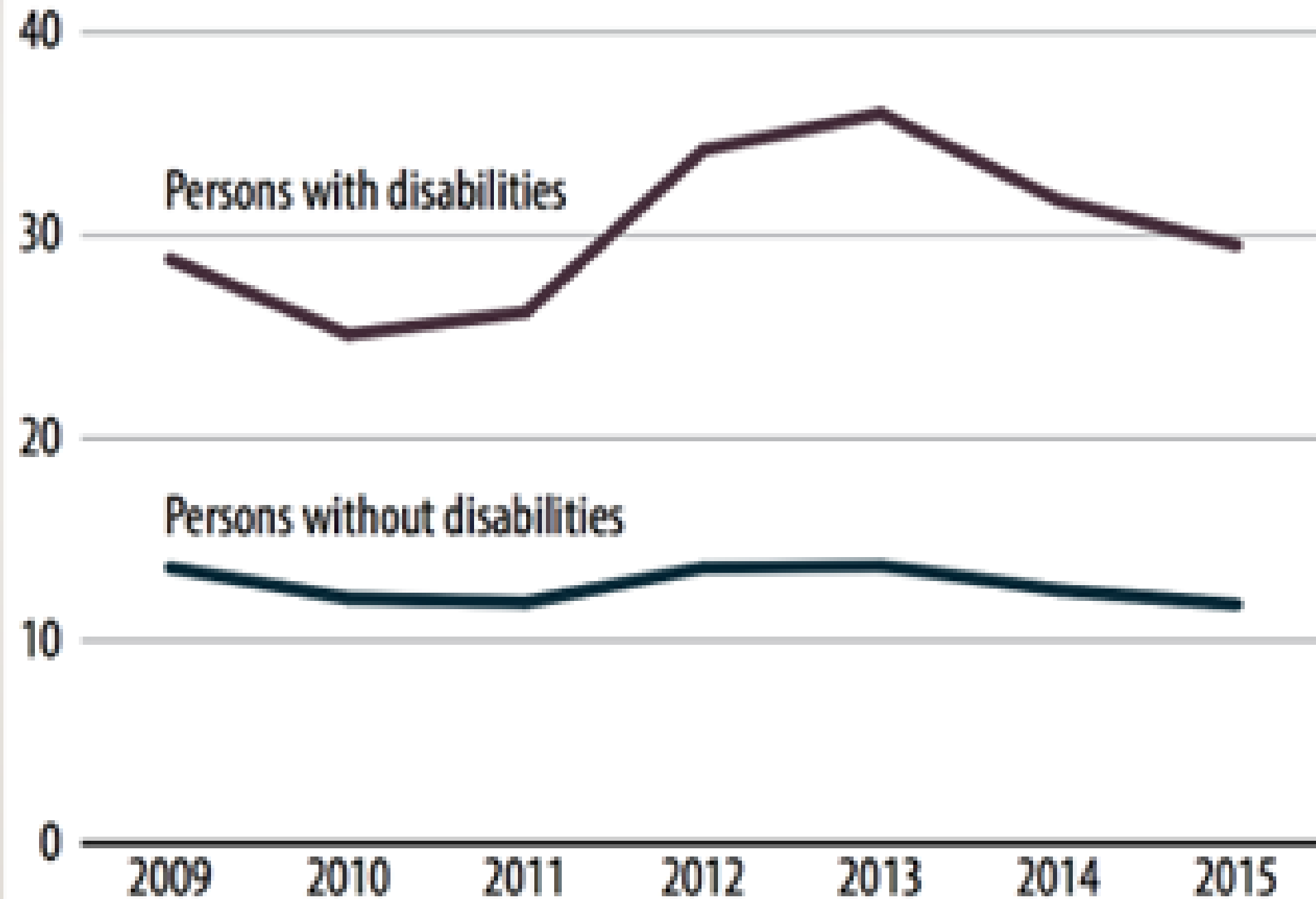
It includes fondling a child's genitals, making the child fondle the adult's genitals, intercourse, incest, rape, sodomy, exhibitionism, sexual exploitation, or exposure to pornography .

3

Sexual abuse also may be committed by a person under the age of 18 when that person is either significantly older than the victim or when the perpetrator is in a position of power or control over the child.

FIGURE 1
Violent victimization, by disability status, 2009–2015

Rate per 1,000 persons age 12 or older



In 2015, the rate of violent victimization against persons with disabilities was **2.5 times** higher than the rate for persons without disabilities.

(Harrell 2017)

SEXUAL ABUSE ON CHILDREN WITH DISABILITY

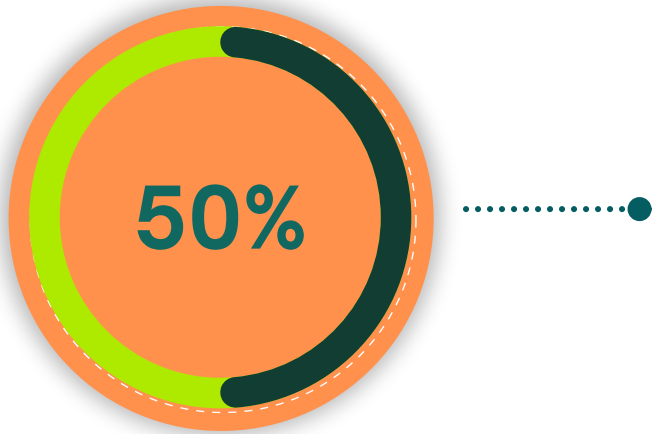


Women with developmental disability have been sexually assaulted – half of these women have been assaulted more than 10 times

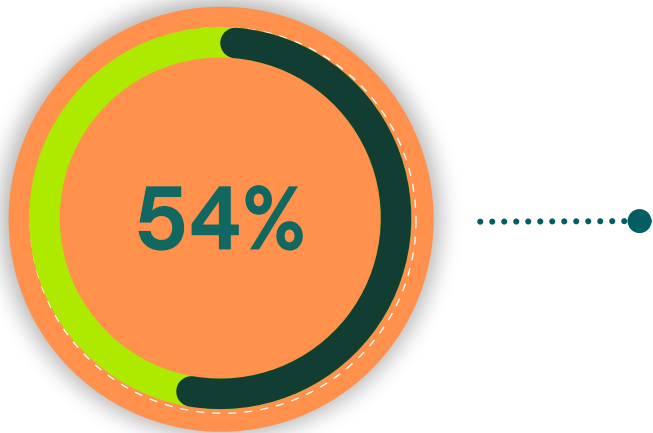


Men with developmental disabilities have been sexually assaulted

SEXUAL ABUSE ON CHILDREN WITH DISABILITY



Girls who are deaf have been sexually abused compared to 25% girls who are hearing



Boys who are deaf have been sexually abused in comparison to 10% of boys who are hearing

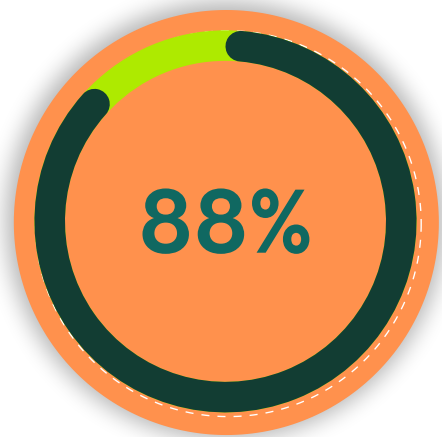
**Children with disabilities may be used as “safe targets” for sexual abuse because they are less able to avoid or report victimization.
(Williams 1995)**

Children with severe disabilities failed to understand the suspects' motives and the nature of the reported sexual interactions more than other children

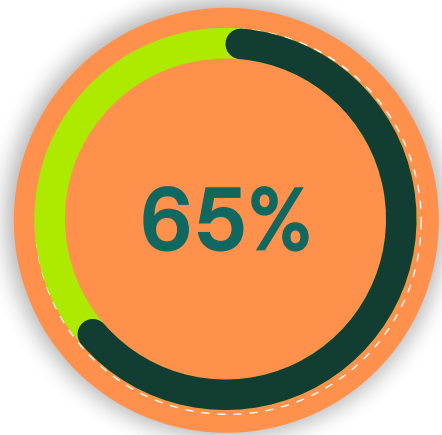
Children with minor disabilities failed to understand the circumstances less frequently than other children

Are they always the victims?

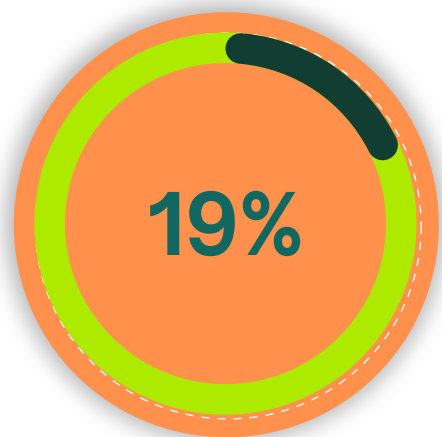
Sexually Inappropriate Behavior



Of special schools had experienced pupils behaving in sexually inappropriate ways.



Of schools reporting such incidents as occurring at least once per term



Of schools reporting that incidents arose on a weekly basis.

Rachel, F (2007)

Of the 15 cases for which key worker interviews were undertaken, 12 was serious sexual abuses.

Rape

Attempted rape

Serious sexual assault

Most of the behaviors noted in welfare services, exclusively concerned young people with disabilities who had committed serious acts of sexual abuse.

Conclusion

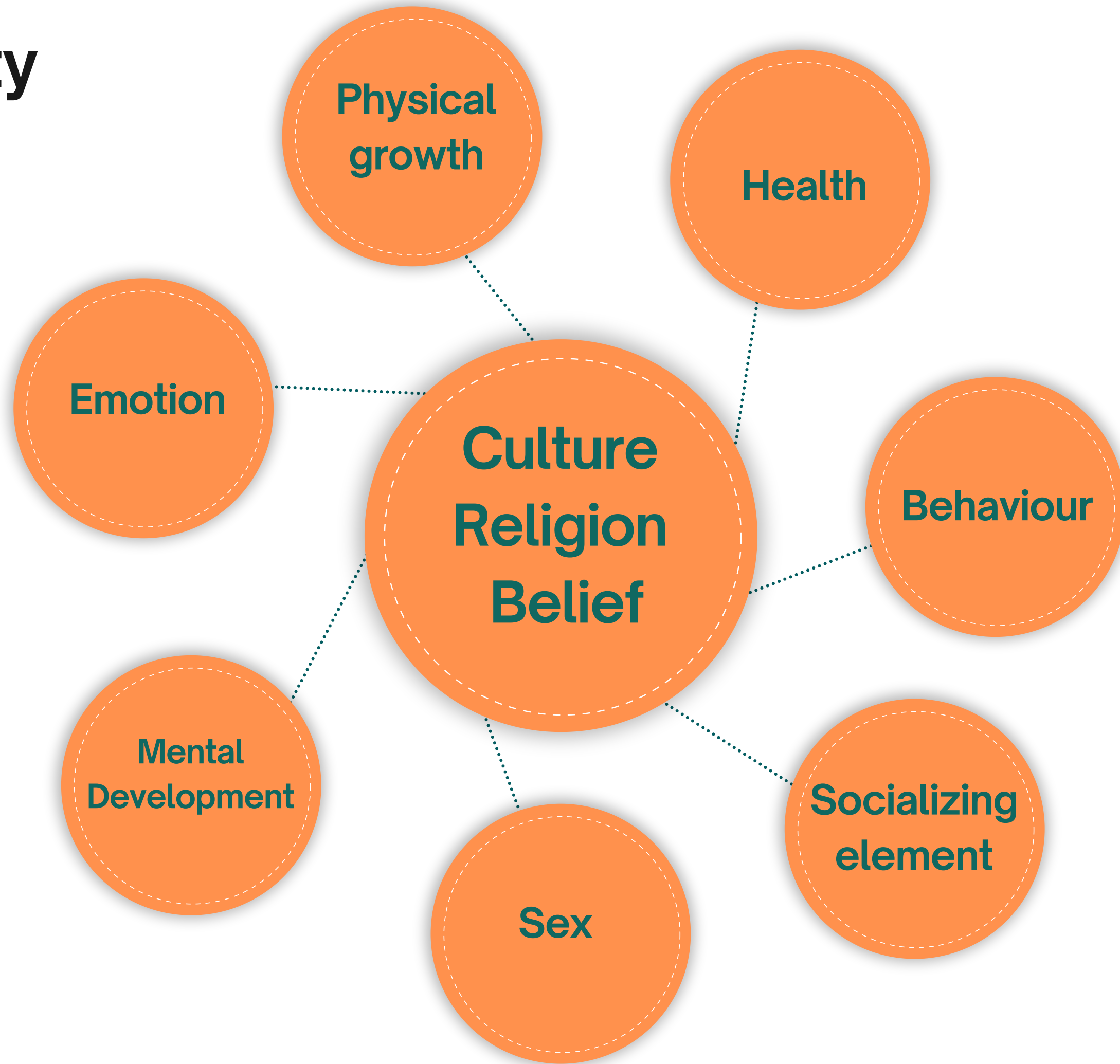
- **We need to understand the sexual health issue surrounding children with disability since the risk is much higher than general children.**
- **Furthermore, they also have the risks to become offenders.**
- **We also need to protect them from committing sexual abuse.**



Teaching Strategies



Sexuality



Sexuality Behaviour

Talking with someone of opposite gender at close distance

Removing clothes in public area

Touching private part in public area

Touching other people's body/private area

1

• **ANTECEDENT** : What happened **BEFORE** the behaviour?

2

• **BEHAVIOUR** : What behaviour shown?

3

• **CONSEQUENCE** : What happen **AFTER** the behaviour?

EXAMPLE :

Sam, a 12 years old diagnosed with Down Syndrome likes to undress or being naked at home even when his family are around. His family will let him be naked as the weather is hot and causing him to sweat.

1

• **ANTECEDENT** : What happened **BEFORE** the behaviour?

2

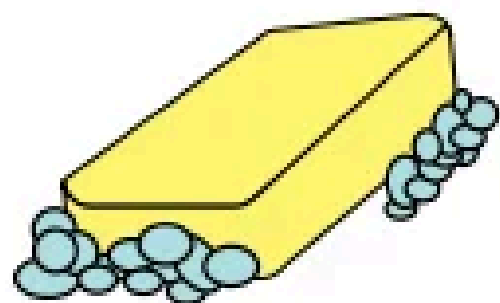
• **BEHAVIOUR** : What behaviour shown?

3

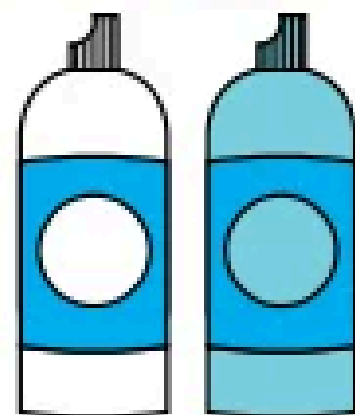
• **CONSEQUENCE** : What happen **AFTER** the behaviour?

VISUAL
CARDS

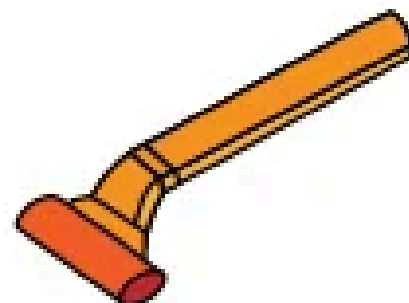
Soap



Shampoo/Conditioner



Razor



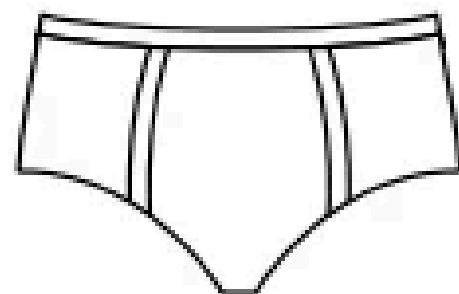
Shaving cream



Deodorant



Clean underwear



Wet wipe



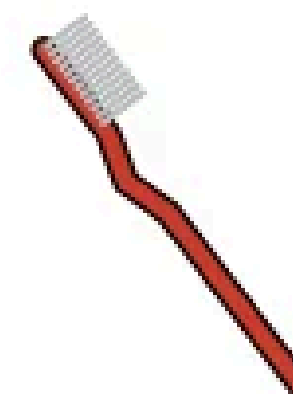
Lotion



Hair brush



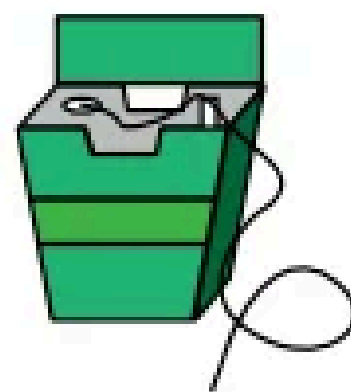
Toothbrush



Toothpaste



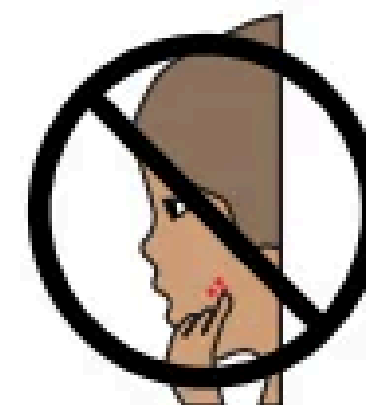
Floss

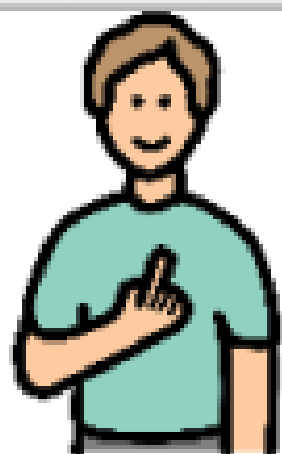


Take medicine

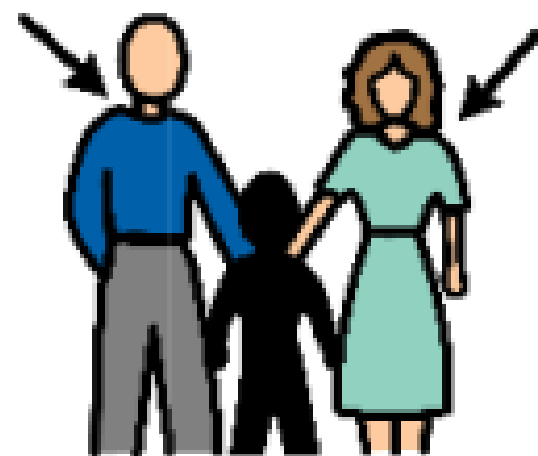


Don't pick at acne





Everyone has private parts. I do.



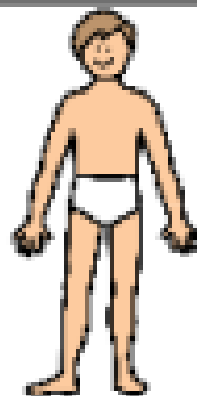
Dad and Mom have private parts



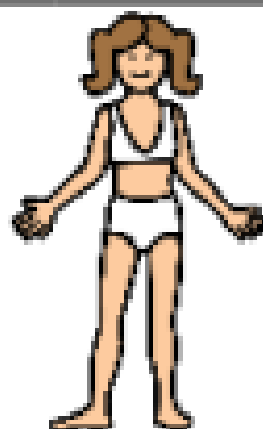
All kids have private parts



All grown ups have private parts



My private parts are covered by my underwear



Her private parts are covered by her underwear



SOCIAL STORIES COLLECTION

I Keep My Clothes On

15 PAGES

Clothes are the things that I wear that cover my body like t-shirts, sweaters and pants.

I need to wear clothes to cover up the private parts of my body.

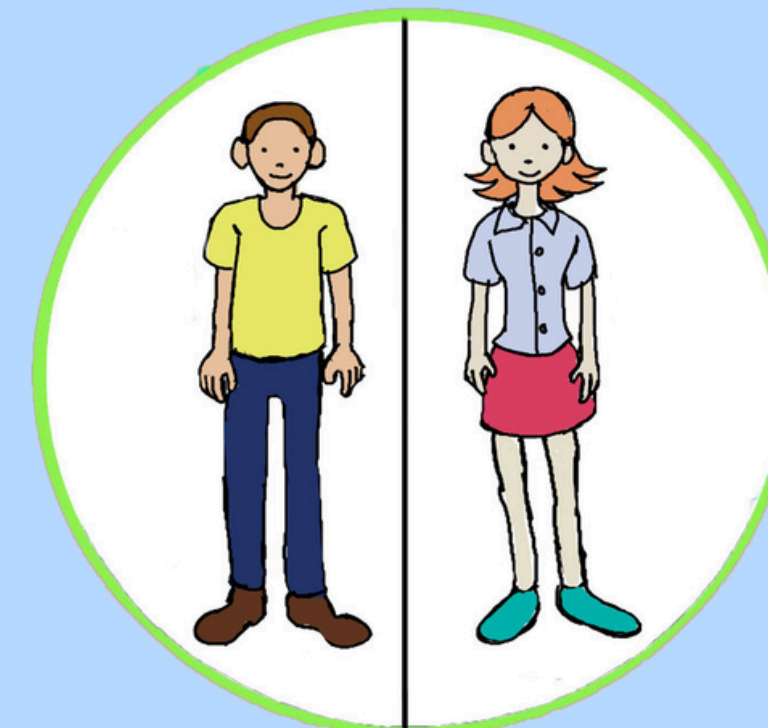
When I take my clothes off and get naked in front of other people it might make them feel angry or uncomfortable.

Sometimes it is okay for mommy and daddy to see me naked, when they help me to get dressed or clean.

I need to wear clothes to keep myself warm and dry.

Sometimes it is okay for mommy and daddy to see me naked, when they help me to get dressed or clean.

When Can I Be Naked?



When



Can



I



Be



Naked?

Shaving

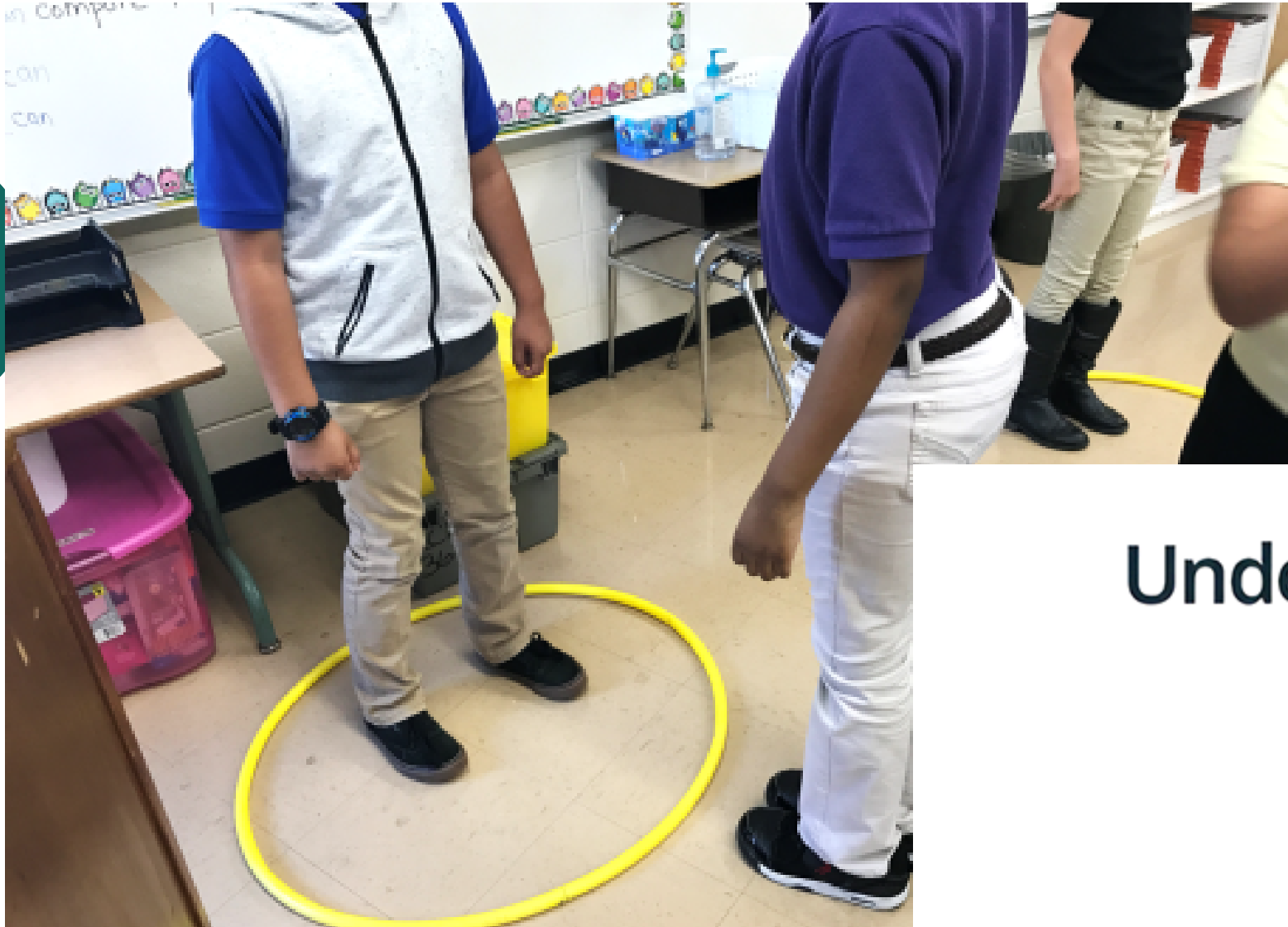
1. Enter the bathroom		9. Rinse razor as needed	
2. Grab razor		10. Continue shaving down until face is cleanly shaven	
3. Grab shaving cream		11. Rinse face	
4. Grab towel or wash cloth		12. Dry face with towel or wash cloth	
5. Turn on water			
6. Wet face with warm water			
7. Lather shaving cream on face			
8. Shave down your face			

Change A Pad



	1. Pull down pants	<input checked="" type="checkbox"/>
	2. Pull down underwear	<input checked="" type="checkbox"/>
	3. Sit on toilet	<input checked="" type="checkbox"/>
	4. Throw away soiled pad	<input type="checkbox"/>
	5. Open clean pad	<input type="checkbox"/>
	6. Remove sticker + throw away	<input type="checkbox"/>
	7. Press pad into underwear	<input type="checkbox"/>

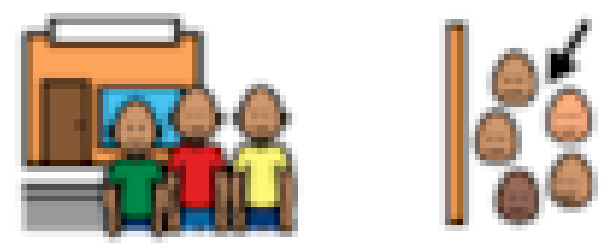
potty 	pull pants down 	pull down pull-up 	go to bathroom
get toilet paper 	get a wipe 	wipe 	pull up pull-up
pull pants up 	flush 	go to sink 	turn on water



Understanding Good Touch and Bad Touch



Public



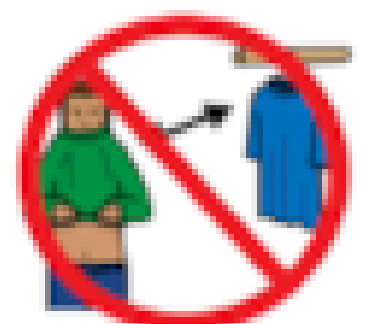
NOT okay



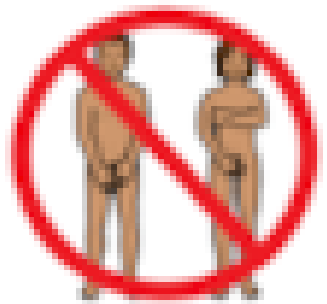
touch penis



go to bathroom

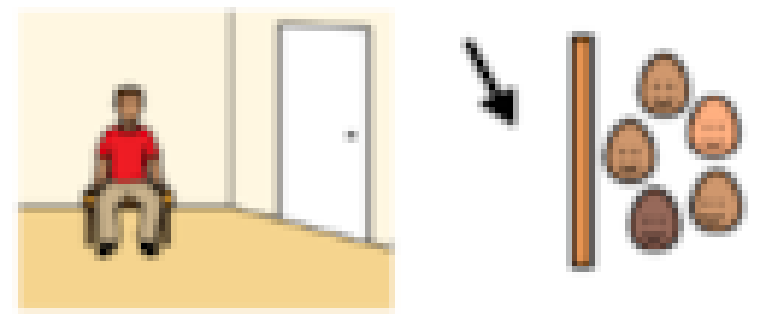


change clothes



be naked

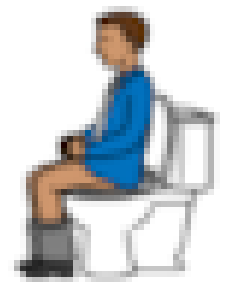
Private



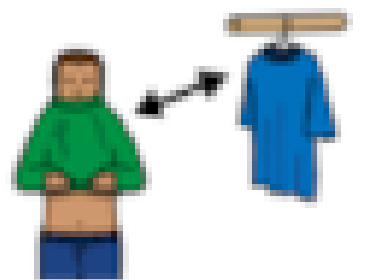
Okay



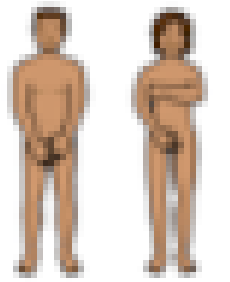
touch penis



go to bathroom



change clothes



be naked

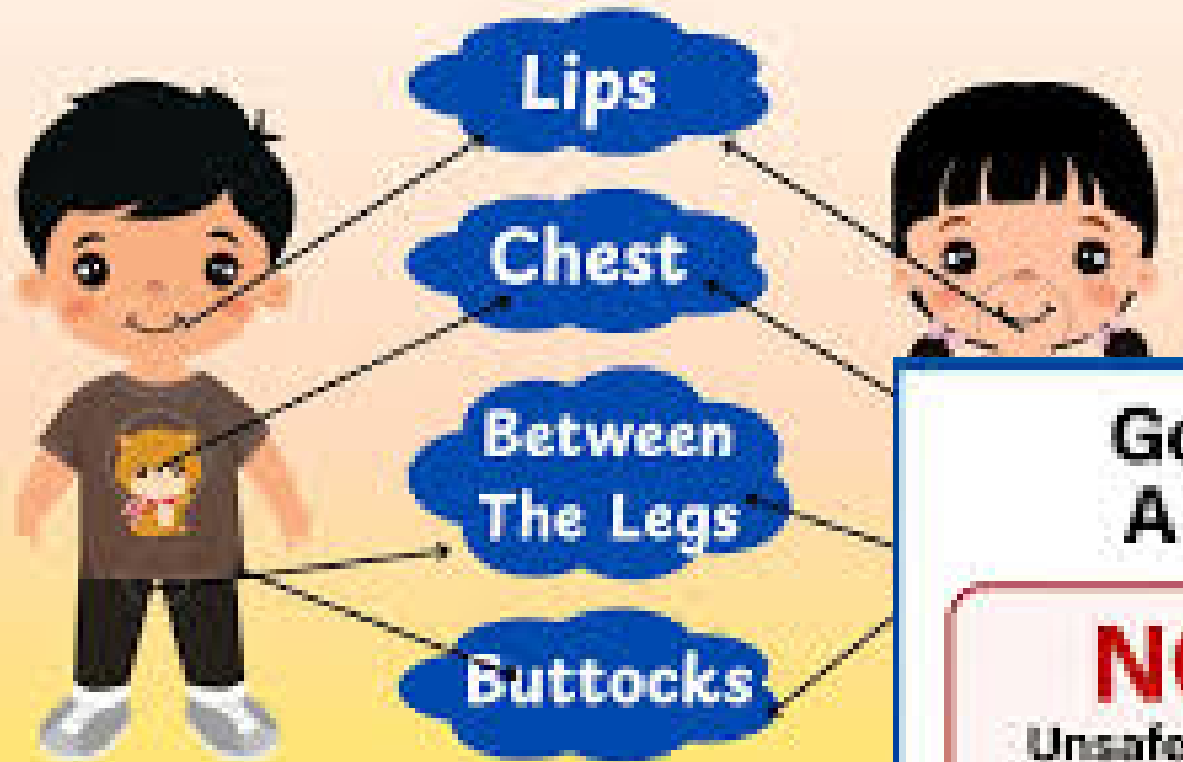
Circle of Trust

LEARN ABOUT
RELATIONSHIP



Say "NO" to

Bad Touch



7042415226, 9625241071

First Floor

Good Touch Bad Touch for Kids: A Complete Body Safety Guide.

NO!

Unsafe Touch

Makes you feel uncomfortable, scared, or confused.

Includes forced hugs, touching private parts, or keeping "bad secrets".

Say "NO" clearly!



GO!

Get Away

Move away from unsafe situations immediately.

Shout, run to a safe place, or find a trusted adult.



TELL!

Report

Always tell a trusted adult (parent, teacher) about any bad touch.

Don't feel ashamed.

Keep telling until someone helps.



Your Body Belongs to You. Be Brave, Stay Safe!

UNDERSTANDING EMOTIONS



Unsafe Touch

Some unsafe touches/situations can be:

- Your swimming coach touches your Private Body Parts while teaching you swimming
- An uncle gives you your favorite toy/game and asks you to show your private body parts to him.
- Your friend shows you a magazine with pictures of people without clothes.

BUKU KURIKULUM PROGRAM PRA-VOKASIONAL

TARBIYAH ISLAM

- Taharah
- Akhlak dan Moral
- Doa Harian

KEMAHIRAN PENGURUSAN DIRI

- Menjaga Kebersihan Diri
- Mengurus Diri
- Aurat Lelaki dan Perempuan
- Cara Berpakaian
- Penjagaan Kesehatan Diri

BUKU KURIKULUM PROGRAM PRA-VOKASIONAL

KEMAHIRAN SOSIAL DAN KOMUNIKASI

- **Berkomunikasi dengan orang lain**
- **Menangani dan memahami perasaan**
- **Perhubungan sosial yang sesuai**
- **Menunjukkan dan mengeratkan perhubungan sosial yang sesuai**
- **Menunjukkan sifat hormat**

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"The world may never fully understand the patience and creativity you pour into these children, but Allah does"

THANK YOU

